

Fresh cooking, healthy eating.



Nutrition Facts

		Serving Size	Calories	Fat	Proteins	Carbs
Teriyaki Meals	Chicken	470 g	440	2.4	32.8	62
	Beef	470 g	464	9.9	31.5	62
	Shrimp	470 g	397	2.5	30.2	62.9
	Vegetable	490 g	352	0.9	9.6	62
	Ginger Pork	470 g	510	9.0	29.5	72
	Pineapple Chicken	530 g	442	2.4	33	71.4
Yakisoba Meals	Chicken	480 g	367	2.2	37.2	52.7
	Beef	480 g	427	9.7	35.9	52.7
	Shrimp	480 g	360	2.4	34.6	53.6
Noodle Soup Bowl	Chicken	520 g	439	2.2	34.2	70.1
	Beef	520 g	499	9.7	35.5	70.1
	Shrimp	520 g	432	2.4	36.8	80